

# Tyler Junior College News

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## Enrollment again sets record

By Casie Moreland  
Page Editor

TJC has reached another record fall semester enrollment with 9,728 students, 8.37 percent increase over fall 2002. Of the students enrolled 5,756 are women and 3,972 are men. Enrollment increased despite a rise in tuition.

"Our tuition increased. So did everyone else's. Tyler still remains a bargain when compared to other schools," Registrar Trey Hattaway said.

TJC students are taking a record 103,423 preliminary credit hours, a 9.6 percent increase from last years 94,313 credit hours.

"Our institution is growing at a pace that is faster than the state average for two-year colleges. I believe that is because of our tradition of academic excellence and the quality student-life environment we provide." TJC President Dr. William R. Crowe said.



Photo by Elbert Kendrick

**MAKING MORE ROOM** — Houses east of the campus move to make new parking lots. The project, to be completed in late October, will add 313 new student parking spaces.

## Students to get parking lot

By Elbert Kendrick  
Page Editor

Construction for the new parking east of Palmer Street has been underway for

a few weeks now and is progressing in a timely fashion.

Physical Plant Director Fred Carson said, "The completion date is schedule for Oct. 31 barring inclement weather. The parking lot will be lighted and landscaped on completion."

All the houses along Palmer Street from Devine to Adair streets, will be moved in the near future to make and the construction of the parking lot will start. TJC bought the houses and was responsible for the moving and selling of them.

The parking lot will add 313 spaces at a cost of \$641,550, by Reynolds and Kay.

The Brannon Corp. has designed the project.

The new lot includes 13 spaces designed as handicapped.

This will bring available student parking spaces to 2,548 on campus with another 429 spaces on the street.

Construction of new dormitories are planned for areas near the new parking lots.

"The dorm project is on hold until further notice," Carson said.



Photo by Lacey Teel

**MOVING ON**— Students havin' fun at the Welcome Back Dance.

## Events entertain students

By Lacey Teel  
Page Editor

Welcome Week activities sponsored by the Student Senate about 40 students at annual "movie night" in the Rogers Student Center. The students watched, "Old School."

This year's Senate includes sophomores Jason Beaton, Emilie Copeland, Shani Khan, Robert Ramos, and Faith Stiffler.

"The goal for Movie Night was to be in a relaxing environment. We wanted students to have a place to hangout after the first week of school and get ready for a long semester," President Jason Beaton said.

The Senate gave away free sodas and gourmet popcorn.

The annual Welcome Dance, with a Glow Zone theme in the Apaches rooms drew about 300 students.

"When we went to the National Association of Campus Activities last year, the Senate looked at different groups for 'Welcome Week.' We liked what we saw and invited a group from Michigan to come," Ramos said.

"The money earned will help pay for the activities for 'Welcome Week,'" Beaton said.

Beaton said.

For \$1 admission, students received glow sticks, glow necklaces and other glow jewelry. The Senate served refreshments.

"More people came this year than last year," Ramos said.

"I'm glad to see more people, as well as more diversity among the events," Copeland said. "I think this is a good start for this year. The dance was very promising to a good year."

At the traditional "Meet the Apache" pep rally in Wagstaff Gym, Cheerleader coach Vincent Nuygen introduced each athletic team and their coaches. New athletic director, Frank McGuire introduced the starting freshmen and sophomore football players.

Nuygen introduced the freshmen and sophomore cheerleader teams who cheered, danced and showed off their trademark stunts.

He also helped introduce the men's and women's basketball teams, and the softball, baseball, and tennis teams.

To end the pep rally, the Apache Band drum line performed to pump up the crowd, for Thursday's game.

On Thursday, TJC won against Navarro Junior College.

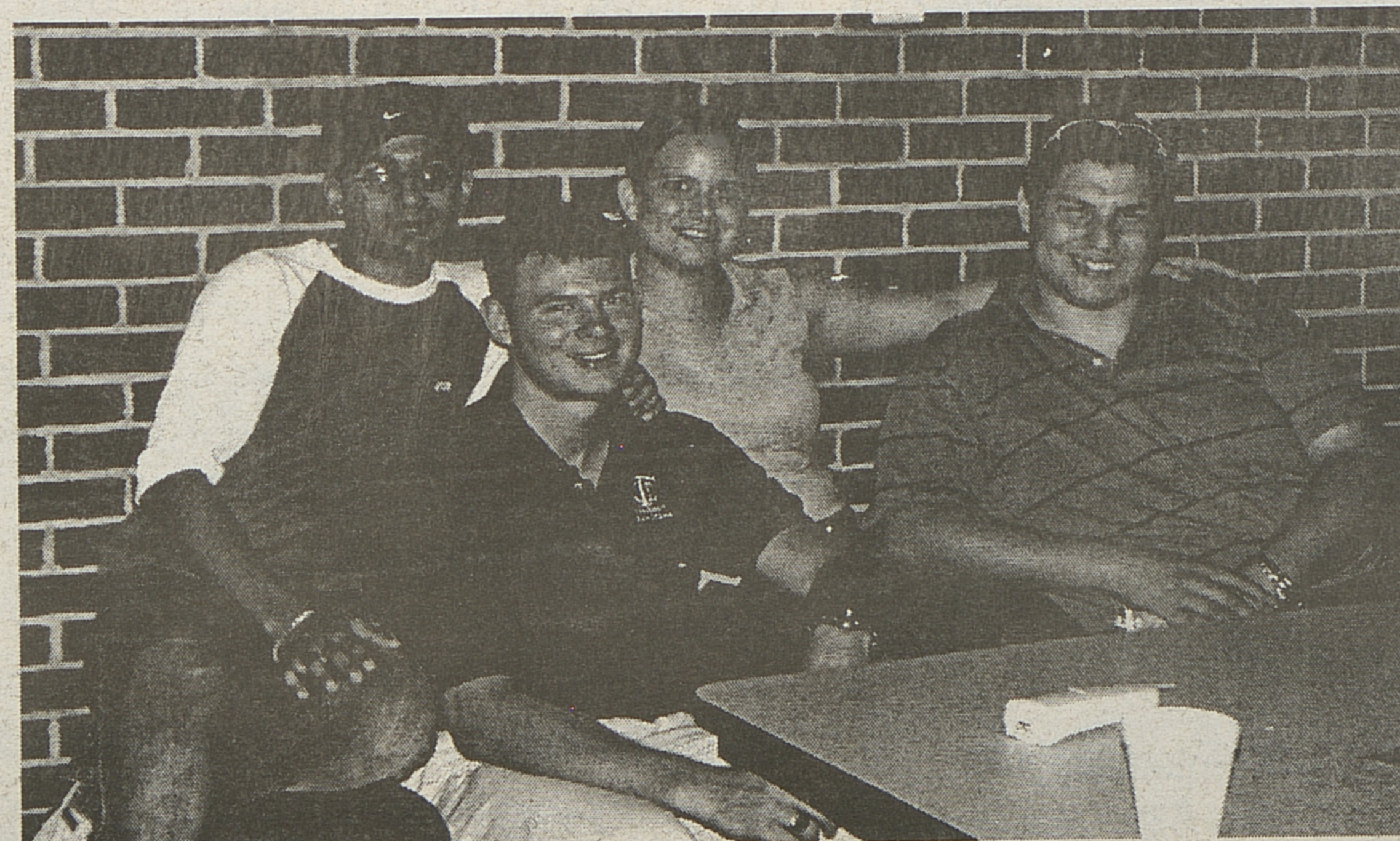


Photo by Lacey Teel

Student Senate officers are: Shani Khan, Jason Beaton, Emilie Copeland and Robert Ramos.

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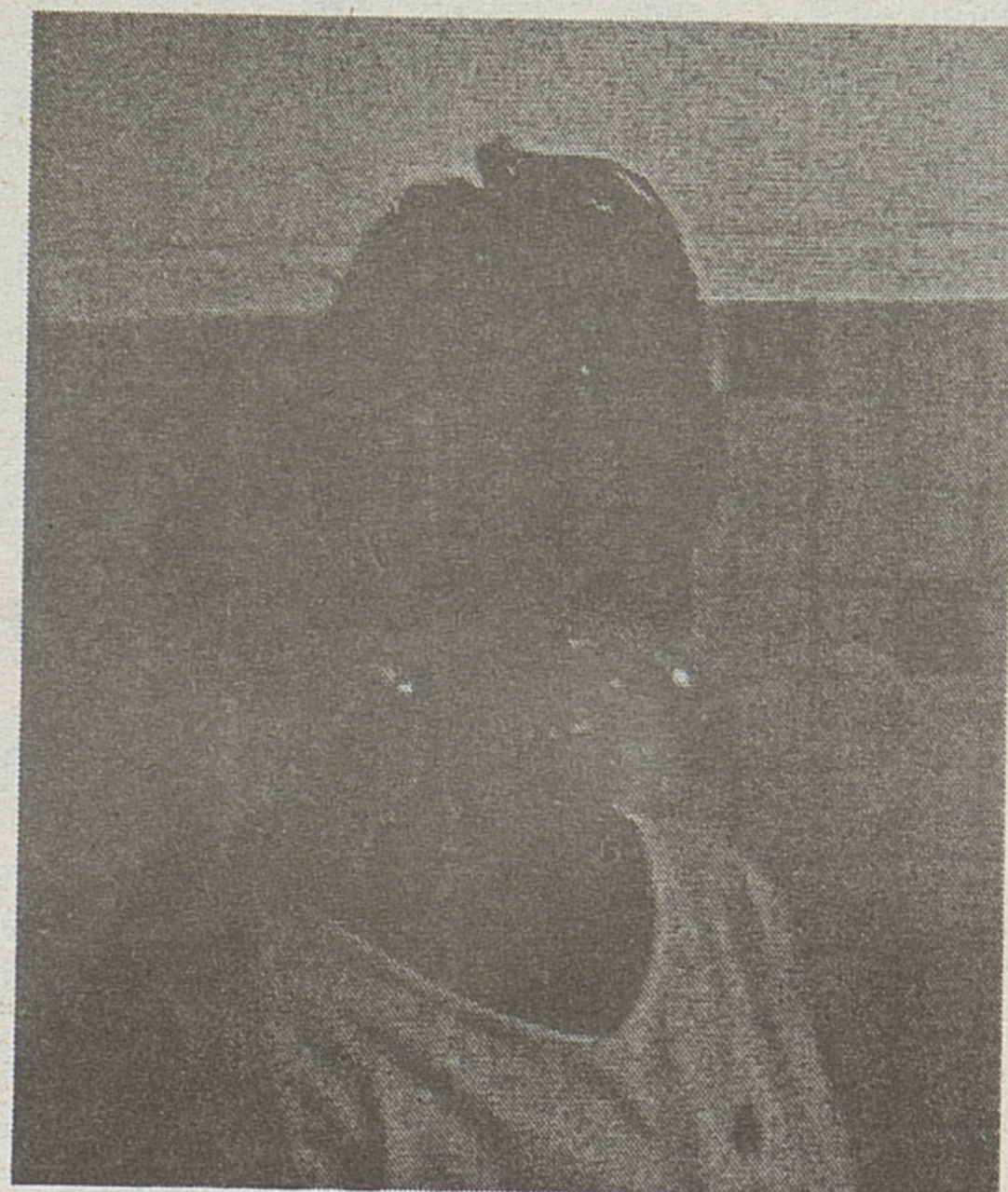
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## CAMPUS

## F•O•C•U•S

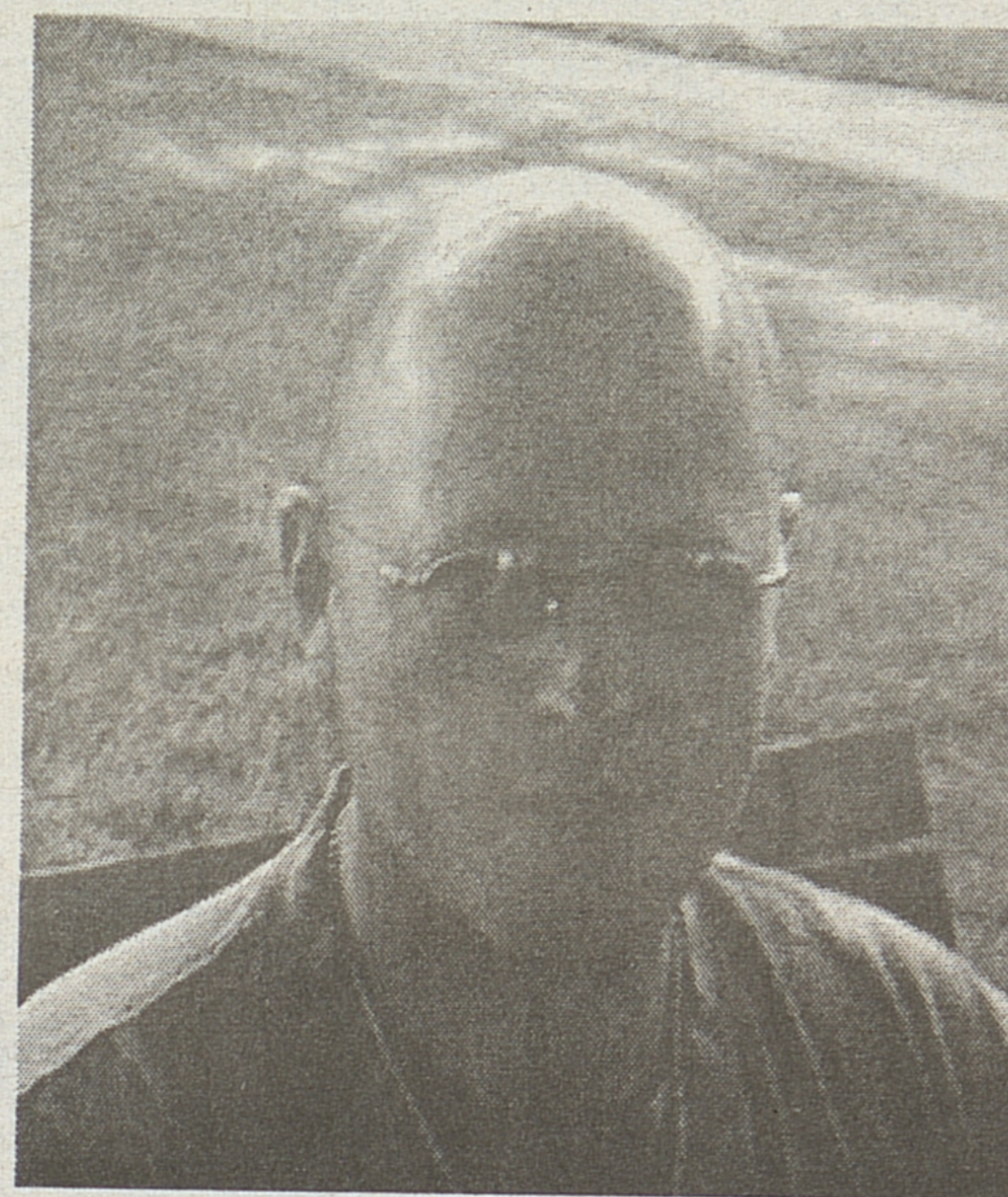
*What are your thoughts on the parking problem?*



—Tawasky Byrd, "We pay for parking and there is none, and then they tow our cars when we have to park illegally."



— Maron Houghtaling, "Get rid of the grass in front of Jenkins and put a parking lot there."



— David Hardaway, "Just not enough parking, I have to get here 45 minutes early just to find parking."



— Stacy Loftin, "No matter how early I leave, parking or people who do not know how to park make me have to rush to class."

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## Parking problems continue

By Bert Fite  
Page Editor

For years parking has been students' big gripe. "I have to get up so early and get here an hour before class just to find a parking spot," most students said in a survey on campus parking. With enrollment up almost 10 percent, the parking

lots are more crowded than ever.

The parking situation keeps TJC campus police busy as well. Officer Ron Scott alone wrote 29 tickets the first day and averages 10 to 15 tickets daily. He said he is actually writing fewer tickets this year. He thinks this is because spaces are now clearly marked.

"Our worst problem is stu-

dents in the faculty parking areas," Scott said.

Solving the parking situation will not be an easy task. The new lot will add an extra 313 parking spots between Adair and Devine streets on the east side of Palmer. Though this will help the parking, for some it will mean an even longer hike to class.

"Get rid of the grass in

front of Jenkins and put a parking lot there," suggested Maryon Houghtaling. That's how she would solve the parking problem.

Parking has been bad here for a while and it is about time we see some relief. The new parking lot is to be completed Oct. 31 and is expected to help relieve some parking pains. They will be a welcome addition to the campus.

## Students tell first week's best and worst

School is in session. Only a few weeks have passed in this rollercoaster of a semester and craziness has started to brew. The good moments, the embarrassing are all part of this madness called junior college.

Whether in class or outside students are meeting all kinds of new acquaintances and creating fuzzy new memories of their first few semesters in college.

Parking has been a familiar problem among students. Future Surgical Technician Jykysha Johnson, 20, had a less enjoyable experience, because she parked two blocks away from campus, with a 10-minute trek uphill.

Heath France, 23, a criminal justice major from

Tyler, said parking and having to walk to class were the worst things about the first week.

Andrew Neblock, 20, a student in Teen Mania's Honor academy at Garden Velly, said the best thing about his first week of school was simply the fact that he loves psychology and is fascinated by the text and study of his course.

Nedlock, a psychology major, said his worst experience came when he walked into English class and his teacher reminded him of the dreaded teachers he left in high school.

Angie Bromley, a student in Teen Mania's Honor Academy who majors in business administration said, "my best experience from the first week

was when my schedule became more fixed instead of a chaotic mess. August brings a lot of transition to the lives of Teen Mania interns. With a new class of more than 450 interns and an initiation period known as 'Gauntlet,' the first several weeks involve early mornings and late evenings."

Bromley said her best moment also became the worst. Once her schedule became set, she realized that she didn't have any free time between 6 a.m. and 8 p.m.. She is the VIP coordinator for Acquire the Fire youth events, a traveling youth convention that is hosted by Teen Mania. Her job is to contact bands and speakers and schedule them for the season's tour.

Kadesha Mosley, 19, from Jacksonville is just an everyday college student. Mosley is majoring in nursing, and lives with friends. She is paying for school with grants and loans.

The best thing that happened out here was when she got her books. She said with a laugh, "I'm a college student now. The worst thing came when she lost her job. Mosley said, I didn't get fired, I just stopped going. I don't know what happened."

Logan Palmer, 20, is completing his last semester at TJC. He plans to transfer to a university where he will pursue a degree in business. Palmer

Continued on page 4



# Health Fair brings information to campus

By Brandon Burns,  
Aaron May and  
Rachael Riley  
Staff Writers

## *Project helps 'assess, protect, and promote healthy living' for students*

A Health Fair Sept. 10 in the Apache rooms of Rogers Student Center brought informative exhibits for students.

The Trinity Mother Frances Cardiac Services booth provided extensive information pieces about cardiac health.

The main ones involve cholesterol levels. Cholesterol is a waxy substance used to make cell membranes, some hormones and other needed tissues. Although needed by the body, too high a level in the blood can warrant major risk for coronary disease.

Two types of cholesterol exist. Low density lipoproteins or LDLs build up on artery walls. These are known as "bad cholesterol."

High density lipoproteins or HDLs help prevent the buildup of LDLs on artery walls, and are referred to as "good cholesterol."

Several methods exist for decreasing cholesterol. Of

These include:

- eating a diet low in saturated and trans fat,
- eating more soluble fiber such as oatmeal or vegetables,
- maintaining or improving one's weight.

Trinity Mother Frances Health System has patented a program known as "Heart's D'Lite." This local restaurants which offer entrées guaranteed to have been evaluated by a Mother Frances dietician and identified as low in cholesterol and fat.

The list includes Heartland Ham Company, McAlister's, Subway Sandwiches and other local establishments.

The National Cholesterol Education Program has set up guidelines which recommend all adults get regular cholesterol screening with a lipid profile, or detailed measure of fats in the blood.

Children in families with cardiovascular risk factors also need regular screening.

NCEP recommends having lipids tested every six weeks until the goals are met and every 4 to 6 months thereafter.

Smith County Public Health District is set up to anticipate and respond to the community health needs. Their mission is to "provide networks" that "assess, protect, and promote healthy living."

According to information at the booth, services available through the district range from animal control and food protection to HIV/AIDS care and women's health issues. They handle most health and sanitation issues in Smith County.

Though these services help many, recent budget cuts have caused the health district to pull back some much needed services. Lack of paid staff has

weakened some services.

Budgets for women's health and other departments have been cut while the budget for prevention of West Nile remains strong. Registered nurse Michele Galvan, a Health District employee, said that she wished women and children had as much money as the mosquitoes.

SCPHD offers many volunteer opportunities for those who like to give back to the community.

"We need all the help we can get," Galvan said. Certified nurses are needed for upcoming immunization and blood drives. Positions, such as filing, running booths at fairs or moving boxes are available for anyone with no experience required.

For more information on services, volunteer opportunities

ties or up-coming events, visit the SCPHD's web site: <http://www.healthdistrict.net>.

The Andrews Center is a service serves more than 6,840 people with mental illnesses in five counties which include: Smith, Henderson, Wood, Rains and VanZandt. They help others supporting or socializing with those who have mental disabilities.

Their mission is to "educate volunteers to reach out to people with mental disabilities in their community."

Anyone interested in becoming a volunteer is welcomed, Galvan said.

They offer free training classes such as CPR, first aid, and topics about mental illnesses. Student volunteers can also receive scholarship information.

Becoming a volunteer is important because volunteers, staff and local churches make up the Andrews Center. Students who want to access this service can call the office at 597-1351 to receive instructions.

# PTK raises Relay for Life funds

By Elbert Kendrick  
Page Editor

Phi Theta Kappa raised \$339 at their first fund-raiser, a car wash Aug. 23 at Mazzio's Pizza on Fifth Street. Proceeds helped fund the PTK team in the American Cancer Society's "Relay for Life Sept. 19.

Kasie Scritchfield, now a junior nursing major at Stephen F. Austin State University, said

this is TJC's first year to have a Relay Team, but PTK has volunteered many times in ACS fund-raisers. They call themselves "The Phi Theta Kappa's Beach Bums" and their theme is "Don't Be a Bum. Block the Sun."

The 2003 Relay for Life Sept. 19 - 20 at Robert E. Lee High School practice field, was a fun-filled overnight event that celebrated cancer survivorship

and raised money for research and American Cancer Society programs. The Relay ran from 7 p.m. Sept. 19 to 7 a.m. Sept. 20.

A highlight was the Luminaria Ceremony. The names of honored loved ones to be remembered were written on paper sacks. A candle in each sack was lighted and Relay participants could see the luminaries as they walked or

ran around the track.

Only survivors walked or ran the first lap. Then the teams walk or run all night long in the Relay.

The ceremony is designed to honor survivors, remember those who have lost the fight against cancer and encourage those who are currently fighting the battle. The big goal is that one day cancer will be eliminated, Scritchfield said.

In another on-campus fund raiser, anyone could buy raffle tickets for a chance to win three prizes. For a \$5 donation, students could purchase two chances to be president of TJC for half a day, two chances to win a faculty parking space for the rest of the semester or a hand-made, queen-sized quilt. Biology Instructor Cathryn Cates sold tickets at the Genecov Building.

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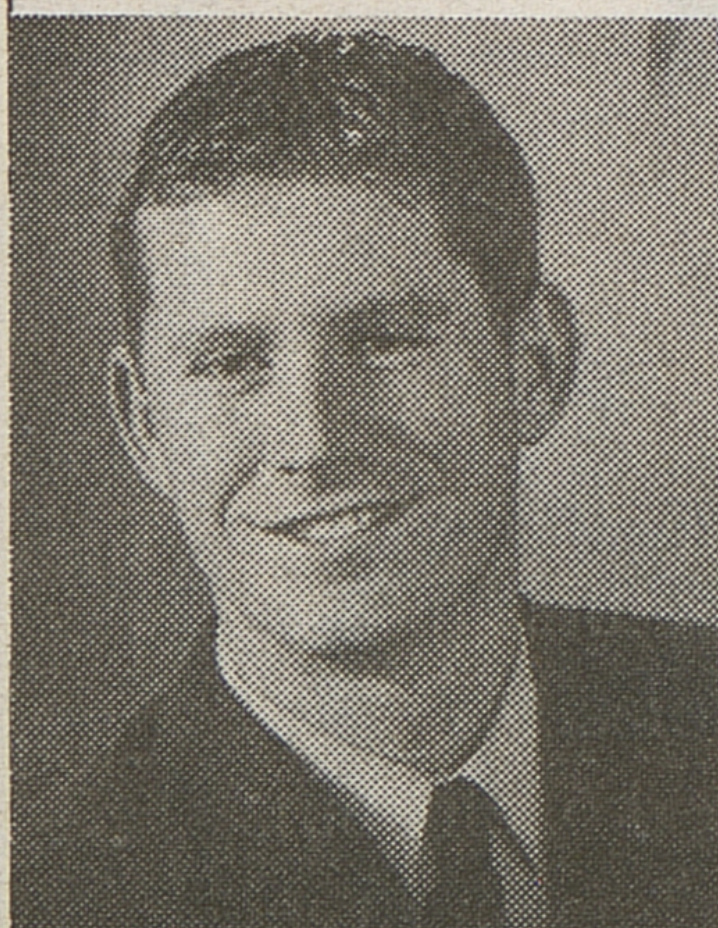
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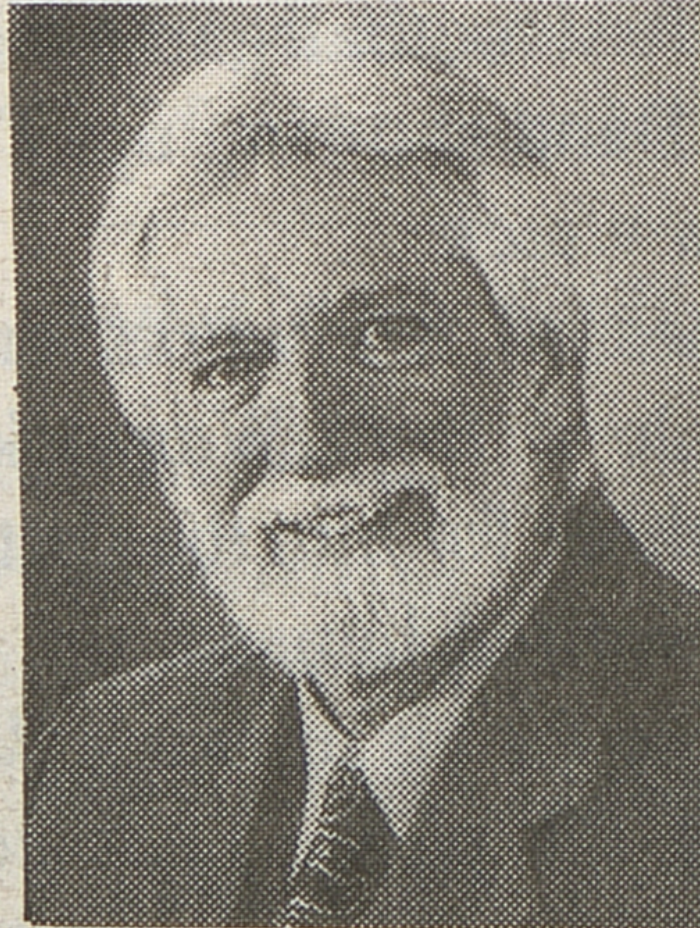
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Photos by Elbert Kendrick

**VITAL DECISIONS**—Transporting books and finding classes add to stress of first week of classes. Choosing the best backpack can affect one's health for the rest of life.

## Best/Worst continued

was born and reared in Tyler and lives at home with his parents. He has worked at Albertson's for four years, an average of 30 hours per week. He pays educational expenses with a student loan and some assistance from his parents.

The best thing this semester was "getting together" with some buddies to celebrate going back to school. It was an excuse to party! The worst was waking up in his car the next morning in an apartment complex parking lot, where nobody he knew lived. He never could figure out how or why he got there.

Shanti Strickland, 21, majors in education. The Tyler native lives at home with her 3-year-old son. Being a full-time student and a full-time mother is hard work, but Strickland also works about 30 hours a week at Liberty Towing Company. This semester did not start out well because her little boy was sick and taking care of him while trying to settle into her new class schedule was difficult. The best thing was being able to see people she had not seen in a while.

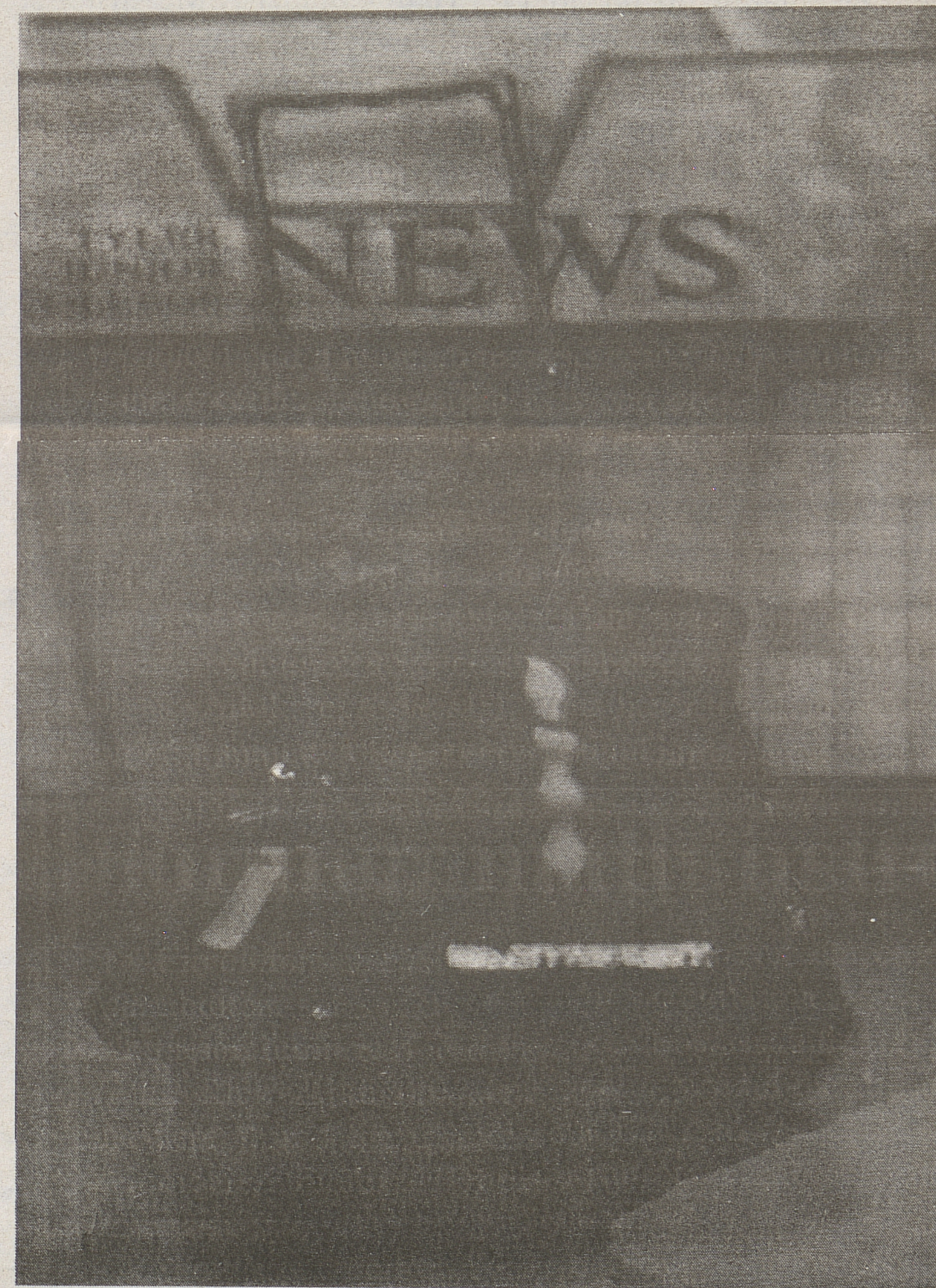
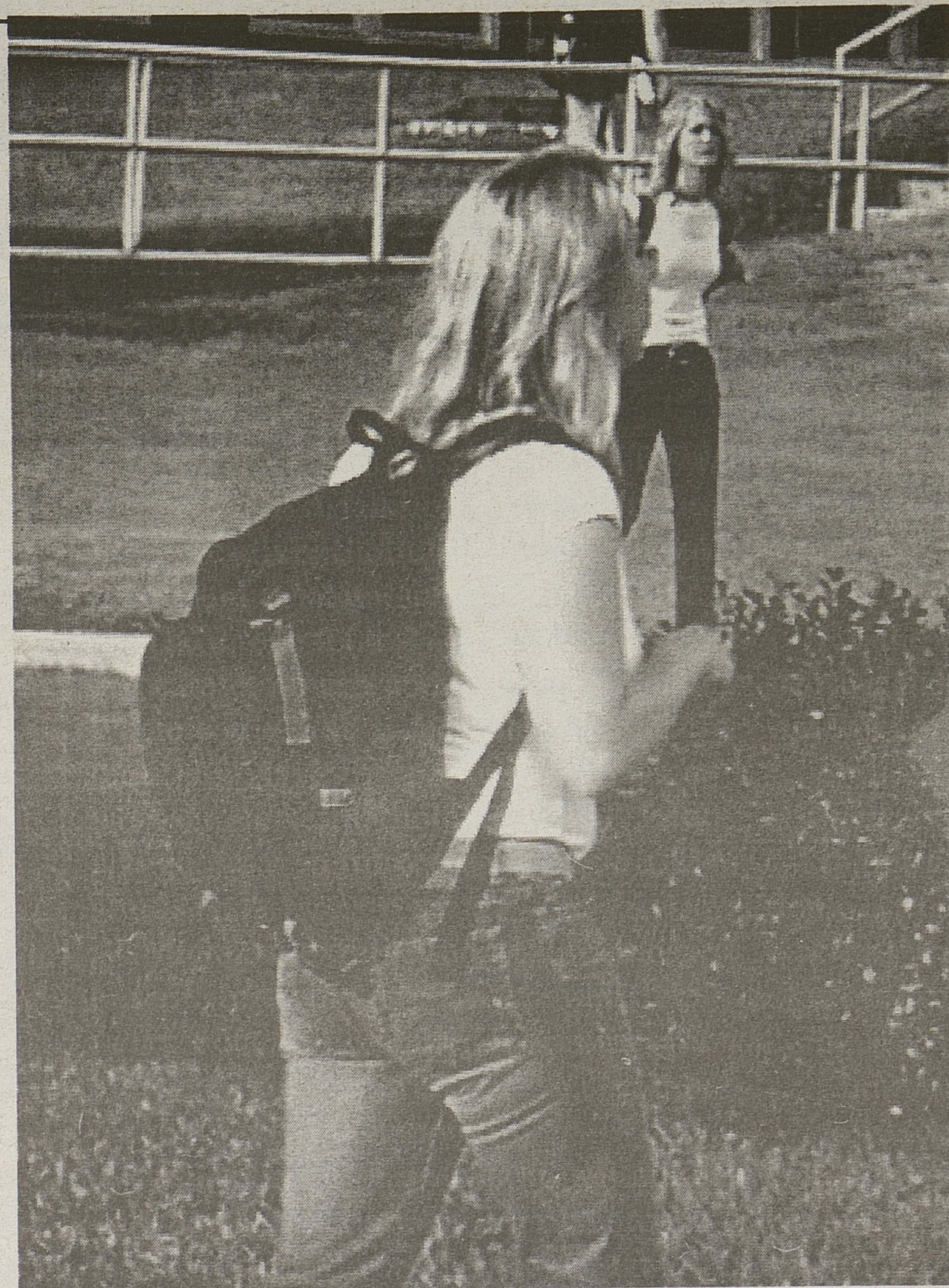
Travis Burton, a 20-year-old sophomore, lives at home in Tyler with his parents. He works at Walgreen's photo lab about 30 hours

a week. Burton was not too excited about coming back to school this semester, so he decided to drop all of his classes and take time to figure out what he really wants to do in life. The best thing, now that he has more time, is he can work more hours and save up extra money.

Rebecca Reed, 20, from Midlothian, is a music major who lives in Tyler with her grandparents. Although she has a scholarship to pay for college, she works at Texas Roadhouse in Tyler. The best thing that happened to her so far is marching at the first football game without the Navarro College Band showing up. The worst was being in a car wreck.

Matthew Gomes, 20, who works for Acquire the Fire in Lindale is from Warwick, Rhode Island. The best thing for him the first week of classes was he surprised himself and peers by drawing a good tree for his drawing class. The worst was having the phone lines down and being unable to do Internet homework.

Brandon Burns, Bryan Hunt, Araminta Lewis, Aaron May, Faith Moguel, Rachael Riley, Siara Schrock and Rochelle Smith contributed to this story.



**BEST BET**—Backpacks designed to be pulled are safer than those carried on the back or shoulders.

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## Backpacks can cause lower back pain

By Elbert Kendrick  
page editor

Backpacks are at the top of school supply lists. Unlike pencils and notebooks, this one item is important. Backpacks can ease a heavy load or bring life-long lower back pain,

The back pack industry is a \$1.5 billion dollar sales market because 83 per cent of all students carry one.

Two major problems with carrying the backpack are content weight and the positioning the pack on the back.

The American Orthopedic Association say the young children can develop back problems that will carry over into adulthood. Problems come from carrying too much weight in the pack, causing the spine to form an irregular curve that stretches the muscles in the lower back.

The pack should carry no more than five per cent of the persons body weight. Thats five pounds for a 100-pound person or 10-pounds for someone that weights 200-pounds. It should be loaded with largest and heaviest items against the person's back. The bottom of the pack should rest against the lower back for support. It should not be allowed to hang

or swing in a lower position. Carrying the pack in the wrong position can cause back problems that will last a lifetime.

The solution can be in the selection of a proper backpack style. Some packs are to be carried on the back by a single strap over the shoulders. The safest pack is a portable backpack on wheels. It is designed with a pull-out handle that allows the users to pull the pack along behind them. They don't have to carry the weight, but just drag it along.

The best hanging pack is one that has two straps because it can distribute the weight and balance the load if it is carried properly.

Demetrius Morris, an eighth grader at Brownsboro Middle School, carries his pack on one shoulder. He said, "I Don't like the way the two straps pull at the shoulders and flop on my back".

James Tarbutton, a sophomore at TJC, carries a two strap pack. Tarbutton said, "It really doesn't bother me to carry it on my back even though it is packed full. It probably does not weigh five percent of my weight."

## Muñoz opens speaker series with talk about making art

By Faith Moguel  
staff writer

Celia Muñoz, an artist featured in Tyler Museum of Art, talks of her art almost as if it were alive. She tells audiences about her art and what it wants to do or become.

The reason for that concept is because she cares so much about the community where she works and exhibits. She frequently involves people from the area in what she creates, she told students, faculty and guests who filled Jean Browne Theatre Sept. 4.

Muñoz, the first Student Enrichment Series speaker this semester, showed slides of her work and explained her process for creating art. Her art includes not only paintings but installations.

In displays of her work, it is not uncommon to find only the installation of a single piece of artwork, which could fill all or half of the exhibition.

Each Muñoz piece has a different feel because she uses many techniques and materials. Muñoz began using more durable materials so her works could be more accessible to the public. Her materials vary depending on the type of installation she creates. She usually involves painting but if a museum requests something specific she may use as wood or canvas as media, as well as a variety of objects.

Her installations have included an antique dental cabinet, hanging dresses of different shapes, eras and sizes, a life-size chessboard, even lawn chairs and street signs. All these, she said, were either to prove a point or to get observers thinking

about the subject.

After a few exhibitions, Muñoz began traveling to make art. She decided to bring only some materials with her, mostly just a few paintbrushes and slides. Her artwork would go directly on the wall of a room and could be painted over when the display ended.

For these exhibitions Muñoz considers the size and lighting of the room as well as pillars, windows or patterns of light and shadows.

She said she always feels nervous when she begins a new project requested by a museum or exhibition hall, mostly because of the anticipation. Her own philosophy is that if she ever reaches the point where she is not a little afraid of what she will create, then it will not be worth doing.

Muñoz always involves the community where she works. Her exhibitions reflect the culture of the community. Muñoz's chessboard display, she said, reflects that culture, capturing the feelings and testimonies of gay students in the Los Angeles.

The exhibition included her projection of an Aztec ball game to convey the overlying theme that life is a "brand new ballgame."

Another highly involved exhibition in Roswell, N.Mex., was meant to draw the Latino community to the museum. First she met with Latino community leaders to brainstorm. Prominent citizens became subjects and their pictures lined the walls. A trophy case in the exhibition room held awards won by Roswell citizens.

Her love for art makes her work exciting. It is apparent Muñoz enjoys what she does and cares about those around her. She knows how to make something beautiful and personal by including a piece of an individual, an neighborhood's culture or a community in her art.

## Former math instructor dies

By Casie Moreland  
page editor

Funeral services for the Willa Ruth Perkins, 70, were held Sept. 4 at the Chandler Memorial Funeral Home Chapel.

Perkins was born Oct. 16, 1932 in Flint, and attended the Baptist Church. She died Sept. 2.

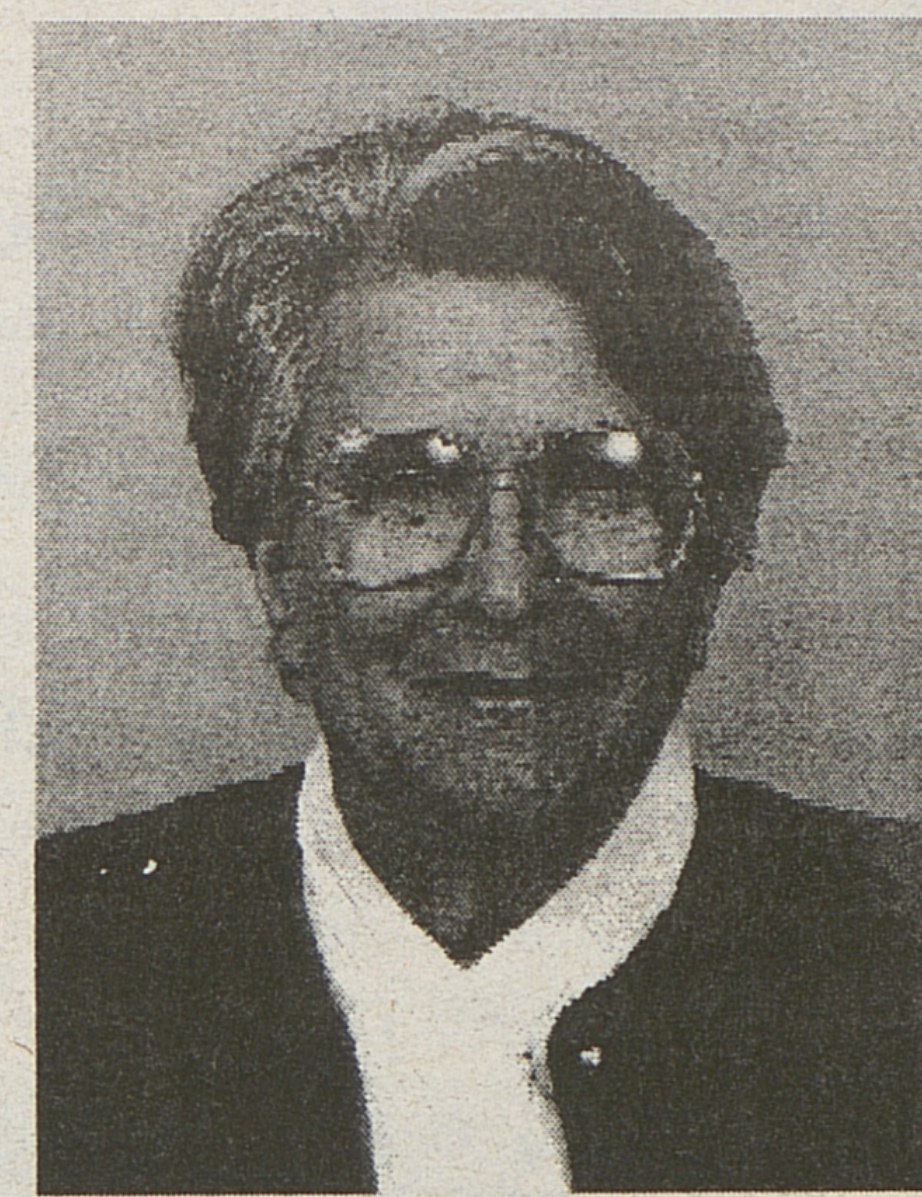
She was a math instructor at TJC for the past 20 years.

She will be remembered by all of her colleagues.

"She was a little lady who went beyond the call of duty for her students," Math Department Chair Dr. Katie Preast said.

"I found her to be an entirely generous person...giving freely of her time, her patience and her smile," Tina Dillman, Support Services Staff Technician, said.

Survivors include her son Mark Wade Perkins of Seattle, Wash. and daughter Susan Raney Reeder of Tyler.



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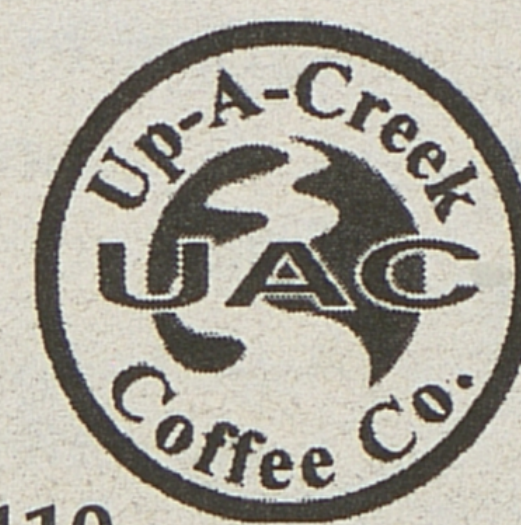
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# New director prepares larger Apache Band

By Lacey Teel  
Page Editor

The TJC Apache Band has begun its new season with more than 100 members led by new Band Director, Tom Mensch. Mensch came from Robert E. Lee High School where he was a band director.

First impressions always mark someone before they meet again.

"My first impression of him was that he is cool. Mr. Mensch cracks jokes to loosen everyone up before practice," clarinet section leader Pamela Mitchell from Mesquite said.

"I thought he was relaxed, as well as determined to get things done," drum major John James III from Orange said.

"He seemed like someone who wanted to take the Band to a new level. I was very impressed, so impressed that I told the music department chair, Dr. Cheryl Rogers, I wanted him to be the band director," trumpet section leader Rebecca Reed from Midlothian said.

"Mr. Mensch is young and cool and knows how to teach. He is good with techniques and fundamentals," freshman trumpet player David McIntyre from Rusk said.

The band performed "Salute to America" for their pre-game show. One



of their half-time shows is "El Torro Caliente."

"Now we're in crunch time learning the end of 'El Toro.' Mr. Mensch likes to have fun but knows when to stop and get to work," Mitchell said.

Band leaders have set goals for themselves and for the other section members.

"My goal is to make everyone comfortable, learn things fast and have fun," James said.

They practice, practice, practice, too.

"Practice is 10 times more productive than last year. Everyone is happier and band is fun and serious at the same time," Reed said.

The Band's marching style takes others some getting used to.

Apache Band practices moves on parking lot off of Fifth Street.  
Photo by Lacey Teel

"I'm from a band who marched military style in high school so I have to learn a new style of marching. I am learning really fast," McIntyre said.

The Band plans to travel and perform in Hawaii during spring break. They will visit Pearl Harbor and perform at naval bases for U.S. marines.

Many members want to visit special places before they return home.

"What I've always wanted to do in Hawaii is swim in a lagoon, learn how to hula and I am excited about playing at the military bases," Reed said.

"I have always wanted to surf in Hawaii, see the volcanoes and get 'leied,'" McIntyre said.

Band members will prepare for the trip by using fundraisers to earn about \$2,000 more to achieve their goal.

Many members "want to make sure they leave Texas with a nice tan," Mitchell said.

"Before I go to Hawaii, I would like to get a little bit healthier," James said.

They want this year to be a successful one.

"For a change, I want the band to shine. It's the band's time!" Reed said.

"I want the band to be more successful than it's been in the past," James said.

One last word? "Aloha!" McIntyre said.

## Religious groups reach out to students

By Bert Fite  
Page Editor

Students can choose from weekly activities at religious groups beside the campus. They eat free lunch three days a week and attend Bible study groups two days a week. Activities attempt to get students involved and help them cope with campus life as well as make lifetime friends.

### Baptist Student Ministry

The Baptist Student Ministry's "Back to School Bash" drew some 350 students to hear live music by students, Chris Freeman and Ryan Gilspee, and eat hamburgers and chips. Several organizations from intramural sports to Bible study and outreach groups recruited participants.

"We have a great group of students and volunteers helping us grow. We have several things in the works for students to get involved in as well as entertain them such as an open mic night and free laundry night," Direc-

tor Mark Jones said.

BSM serves free lunches on Wednesdays at noon and a Bible study group meets at 9 p.m. Thursdays.

For more information contact Jones at 903-592-0382.

### Association of Baptist Students

Association of Baptist Students is located at the intersection of Baxter and East Lake Street and serves free lunches at noon on Mondays and a Bible study group meets at 4 p.m. Tuesdays.

ABS has a ping pong table and plenty of room to hang out.

"We are hoping to bring in more students this semester," Director Keith Brown said.

A Mission Boot Camp will train students to become student missionaries to several counties.

For information on boot camp or other activities, ABS offers contact Brown at 903-593-8563.

### The Wesley Foundation

The Wesley Foundation on campus provides a Methodist outreach for students. Wesley offers a home-cooked meal at 11:30 a.m. Tuesdays. Volunteers from area Methodist churches prepare and serve the food. Other entertainment include pool tables, a Playstation and checker boards.

"We take suggestions for activities from students and see them through. We are a well-kept secret," Wesley director The Rev. Denise Lightle said. "We are doing our best to bring in more students to our great organization."

For information on Wesley Foundation activities call Lightle at 903-592-3866.

### The Campus Christian Center

The Campus Christian Center, or Tri-C, is not open this semester. Former Director Kenneth Shaver was injured in a major auto accident last year and did not return to the center this semester, Lightle said.



Photo by Bert Fite

## New coffee shop opens

By Bert Fite  
Page Editor

Those who like Starbucks coffee will want to visit The Java Cup. The new coffee shop is located right next to the TJC bookstore in Rogers Student Center.

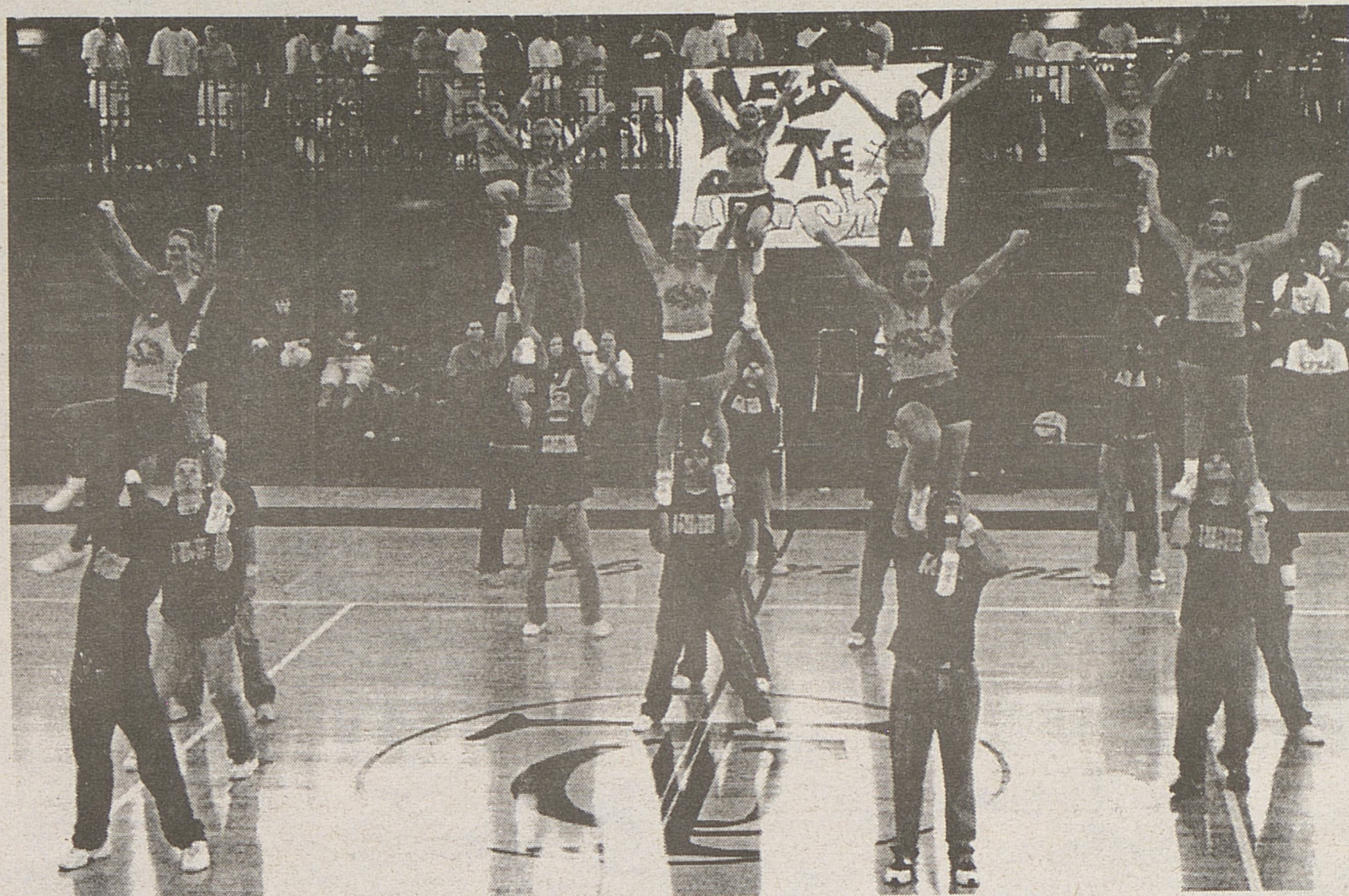
The Java Cup serves more than coffee. A selection of sweets, \$5 salads and \$4 wraps offer options for lunch. Coffee comes in tall and grande sizes and ranges from \$1.40 for a tall Coffee of the Day to \$4.10 for Orange Mocha.

They are open 7 a.m. to 5 p.m. Monday - Thursday and 7 a.m. to 2 p.m. Friday. The Java Cup accepts TJC meal plans and Apache Bucks.



# Meet the Apaches

## Apache Cheerleaders



## Apache Football Team



Photos by Lacey Teel



## Apache Band



## Apache Belles

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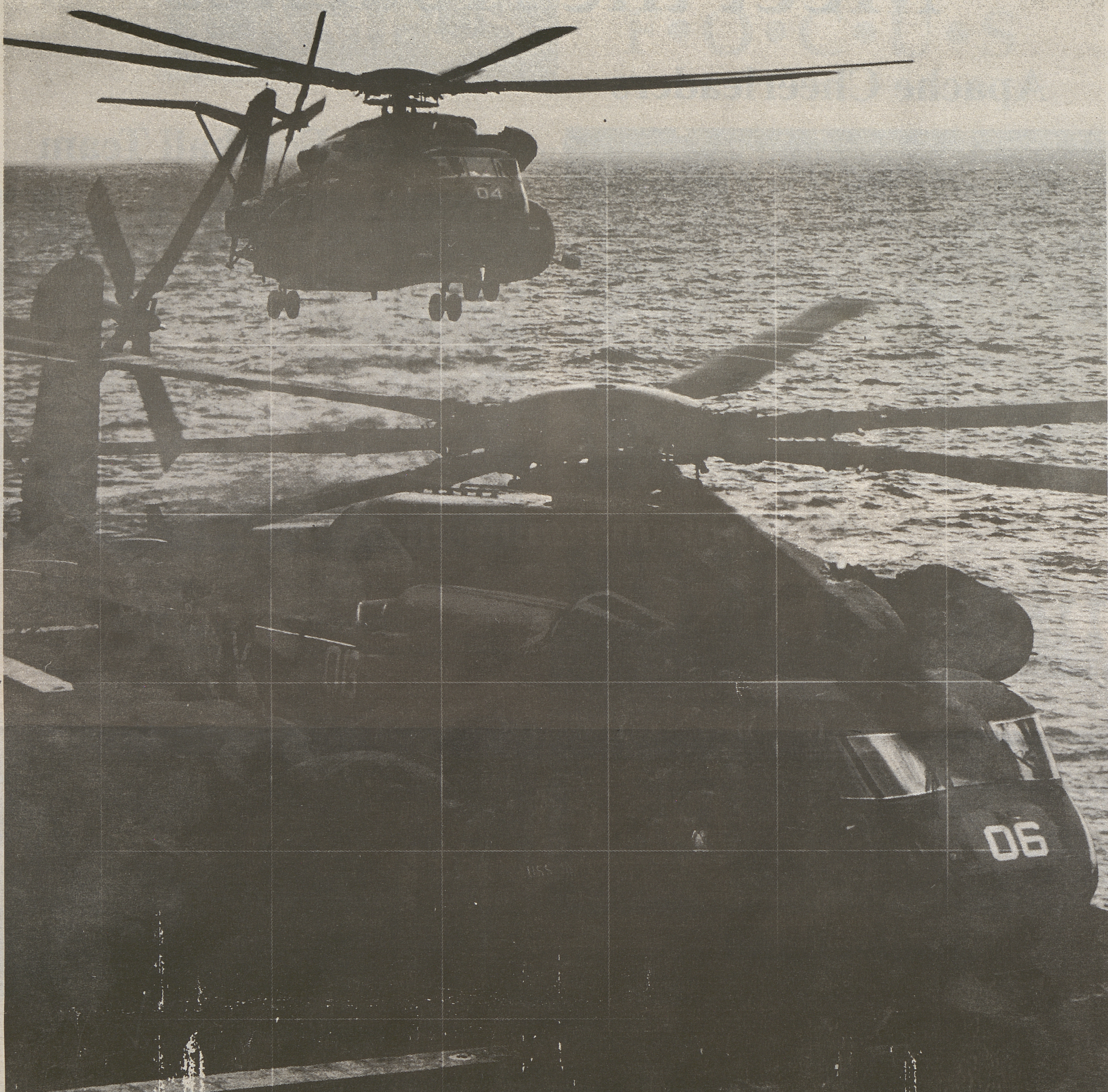
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